

- 1 TREAT SOMEONE TO A CUP OF COFFEE OR HOT COCOA.
- 2 WRITE A LETTER TO A FRIEND YOU HAVEN'T SEEN IN A WHILE (+ MAIL IT!).
- 3 TAKE 15 MINUTES FOR YOU.
- 4 SEND A HEART-GRAM TO SOMEONE IMPORTANT TO YOU.
- 5 HAVE A SURPRISE PLAYDATE!
- 6 PUT TOGETHER HOMELESS CARE PACKAGES.
- 7 SURPRISE YOUR COWORKERS OR CLASSMATES.
- 8 MAKE A DONATION TO YOUR FAVORITE CHARITY.
- 9 SEND YOUR GRANDPARENTS A PHOTO OR ART!
- 10 TAKE A FLOWER ARRANGEMENT OR GET WELL CARDS TO THE HOSPITAL.
- 11 LEAVE THE 'GOOD' PARKING SPOT. PARK FURTHER AWAY.
- 12 NINJA DINNER DROP OFF!
- 13 DONATE YOUR EXPERTISE. TELL THEM IT'S ON THE HOUSE.
- 14 START YOUR DAY WITH A BREAKFAST SURPRISE.
- 15 TAKE SUPPLIES TO AN ANIMAL SHELTER.
- 16 MAKE A PLAN FOR LITTLE LION CHALLENGE DAY!
- 17 SHOW A LOCAL BOUTIQUE SOME LOVE.
- 18 DROP EVERYTHING AND CALL A FRIEND OR RELATIVE.
- 19 CRAFT IT FORWARD.
- 20 TAKE 15 MINUTES FOR SOMEONE ELSE.
- 21 GIVE SOMEONE A COMPLIMENT.
- 22 BUY TWO LOTTO TICKETS. GIVE ONE AWAY.
- 23 WRITE A THANK YOU NOTE TO A TEACHER OR COACH. JUST BECAUSE.
- 24 CREATE + SHARE AN ACTIVITY BOX.
- 25 GIFT YOUR FAVORITE BOOK, A BLANKET, OR PJS TO SOMEONE WHO COULD USE IT.
- 26 DO SOMETHING FOR THE ENVIRONMENT.
- 27 MAKE A PLAYLIST FOR A FAMILY MEMBER OR FRIEND.
- 28 PUT EXTRA CHANGE IN THE METER.
- 29 POST SOMETHING NICE ON FACEBOOK (OR SOCIAL MEDIA).
- LITTLE LION CHALLENGE DAY!!

